










Our programming supports and empowers individuals throughout their lifespan and includes:

-  Adult Family Care
-  Autism Supports
-  Community-Based Day Services
-  Day Habilitation
-  First Early Intervention
-  Personal Care Management
-  Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.

**Mission Statement**

The Arc of the South Shore supports people of all ages and disabilities in living full, independent lives. We do this by offering personalized, person-centered services, promoting inclusion in the community and advocating for their right to live their best lives.

**Vision Statement**

The Arc of the South Shore is deeply rooted in our community. We envision a future where every person with a disability and their family has the support, inclusion, and opportunities they need to live full and meaningful lives. As we celebrate 75 years, we continue to offer and explore a wide range of services across all ages and disabilities. We will build on our leadership, experience, innovation and advocacy to keep improving and expanding our services.



**PERSONAL CARE MANAGEMENT**

**Visit:** [ArcSouthShore.org](http://ArcSouthShore.org)  
**Email:** [Info@ArcSouthShore.org](mailto:Info@ArcSouthShore.org)  
**Call:** 781-335-3023



*The Arc of the South Shore is the Heart of the South Shore*

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## PERSONAL CARE MANAGEMENT

Personal Care Management (PCM) enables individuals with a permanent or chronic disability to live in their own residence or community with needed support by a Personal Care Attendant.

### ELIGIBILITY:

Individuals are eligible if they receive MassHealth, either Standard or CommonHealth, and need physical assistance in two areas of activities of daily living (ADLs).

ADLs include:

- Mobility
- Bathing/grooming
- Dressing/undressing
- Feeding
- Toileting



### SERVICES:

The goal of the PCM program is to delay or prevent out of home placements for individuals who cannot safely live on their own. The program is consumer-directed, meaning that the individual with the disability is the employer. This is different from more traditional home health care programs in which the agency provides the worker. As the employer, the individual chooses who to hire, sets up a schedule, and trains their PCA to meet his or her personal needs with the assistance of a surrogate if required. Please note, additional services may be requested once eligibility is determined.

### REQUIREMENTS:

The individual, and a surrogate if required, participates in an initial assessment meeting, which determines their functional capabilities and need for assistance. Following the initial assessment, an evaluation will be conducted by a registered nurse and occupational therapist in the applicant's home. The application and evaluation must be signed by the applicant's primary care physician and submitted to MassHealth for approval. If approved, individuals are assigned a Skills Trainer for support and information throughout their time in the program.

### COMPENSATION:

Personal Care Attendants are paid by MassHealth through Tempus Unlimited according to a preset pay rate.

### OUR TEAM:

Staff in the PCM program have decades of experience providing care to individuals with disabilities. They are an experienced, knowledgeable team who are dedicated to supporting those we serve.

