










Our programming supports and empowers individuals throughout their lifespan and includes:

-  Adult Foster Care
-  Autism Resource Center
-  Community-Based Day Services
-  Day Habilitation
-  First Early Intervention
-  Personal Care Management
-  Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.



Since 1951, The Arc of the South Shore has helped over 100,000 individuals with intellectual and developmental disabilities, including autism, live their best lives and achieve high-quality outcomes. We are a family oriented, community-based non-profit located in Hingham, MA that offers information, referrals, and a range of community programs.

Our mission is to empower families and individuals of all ages with disabilities to reach their fullest potential. We achieve this by providing high-quality individualized services and opportunities that foster independence, community inclusion, and advocacy.



The Arc
South Shore

RESIDENTIAL SUPPORTS

Visit: ArcSouthShore.org
Email: Info@ArcSouthShore.org
Call: 781-335-3023



*The Arc of the South Shore is
the Heart of the South Shore*

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RESIDENTIAL SUPPORTS

Our Residential Supports program offers a range of housing options including apartments, condos, shared living, single family homes, and residential group homes for adults with intellectual and developmental disabilities. This diversity allows the agency to be flexible and responsive to each individual's needs and preferences. We provide support around activities of daily living, health and money management, advocacy, and community involvement.

APPROACH:

Our team utilizes a person-centered approach to understand what services and supports each resident needs. We recognize that all residents have their own strengths and challenges, and we value each as an individual with capabilities and self-determination. The program ensures individual control, fosters meaningful relationships, encourages personal growth and well-being, and results in an integrated and dignified life in local communities.

LOCATIONS:

We have group homes in Braintree, Hingham, Milton, Rockland, Scituate, and Weymouth.

ELIGIBILITY:

Individuals must be 22 years old and referred by the Department of Developmental Services (DDS) for residential care. We work with each individual and their family to develop Individual and Family Support Plans. In conjunction with input from the individuals themselves, family members, DDS, and The Arc, these plans allow individuals to live alone, with a roommate or family, or in one of our group homes.

SERVICES:

Staff provide residents with direct care and emergency support 24 hours a day, 365 days a year. We offer a range of services, including:

- Instruction and support with daily routines such as eating and food preparation, personal hygiene and bathing, dressing, toileting, and laundry
- Health management monitoring, including daily medications, medical appointments, and opportunities for movement and exercise
- Money management monitoring, including paying bills, establishing budgets, and allowing for savings
- Advocacy for individuals and their families
- Community involvement, including volunteering, social activities, group activities and meals, and more

SMART HOME TECHNOLOGY:

We are committed to the health and wellbeing of our residents; therefore, maintaining safe and accessible homes is a top priority. In addition to updating and modernizing our group homes, we are incorporating Smart Home technology. This technology allows residents to take ownership of everyday tasks with the support of voice- or computer-activated devices, cameras, sensors, and more. For many of us, these devices are a convenience or a luxury; however, for people with disabilities, they are powerful enablers that allow them to live safer, more independent, and empowered lives.

EXPERIENCE:

The Arc has been operating residential homes for more than three decades and is licensed and certified by DDS. At the agency's most recent license renewal, The Arc received a rating of 100% and was commended for its exemplary care.

Below are pictures of a group home in Braintree that was recently renovated.

