



Our programming supports and empowers individuals throughout their lifespan and includes:

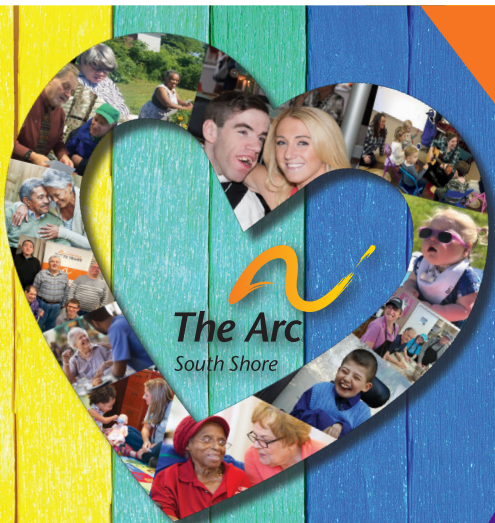
- Adult Foster Care
- Autism Resource Center
- Day Habilitation
- First Early Intervention
- Pathways to Possibilities
- Personal Care Management
- Residential Supports Services

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.



Since 1951, The Arc of the South Shore has helped over 100,000 individuals with intellectual and developmental disabilities, including Autism, live their best lives and achieve high-quality outcomes. We are a family oriented, community-based non-profit based in Hingham, MA and offer information, referrals, and a range of community programs.

Our mission is to empower families and individuals of all ages with disabilities to reach their fullest potential. We achieve this by providing high-quality individualized services and opportunities that foster independence, community inclusion, and advocacy.



Visit: [ArcSouthShore.org](http://ArcSouthShore.org)  
Email: [Info@ArcSouthShore.org](mailto:Info@ArcSouthShore.org)  
Call: 781-335-3023



*The Arc of the South Shore is the Heart of the South Shore*

## ADULT FOSTER CARE

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## ADULT FOSTER CARE

Adult Foster Care (AFC) allows individuals who are unable to live alone due to chronic illness, physical and/or mental disabilities, or advanced age to stay in their home or the home of a qualified caregiver in order to maximize their life. It is an alternative to nursing homes, assisted living placements, or residential care. Caregivers provide support with activities of daily living, in-home supervision, and companionship.

### ELIGIBILITY:

In order to be eligible for AFC services, you must receive MassHealth (either Standard or CommonHealth), be at least 16 years old, and services must be ordered by a physician. You must also require supervision, cueing, or physical assistance with one or more activities of daily living, (ADLs) and/or daily management of behaviors.

ADLs include:

- Ambulation
- Eating/feeding
- Dressing/undressing
- Bathing
- Toileting
- Transferring

### SERVICES:

In addition to providing support with activities of daily living and management of behaviors, the AFC program offers assistance with resources, connections to community programs, and support so that members can live safe, happy, and fulfilled lives. Staff also coordinate other services such as Adult Day Health, VNA, and hospice services as needed.

### REQUIREMENTS:

AFC participants live with their caregivers. Caregivers can be parents, siblings, or other family members, ages 18 and older, who can provide 24/7 care in a qualified home setting. Caregivers may not be guardians or the spouse of the AFC participant, and they must complete a comprehensive application process, including a CORI and SORI check, RMV check, medical clearance, and home evaluation.

Caregivers are responsible for completing the following:

- Daily caregiver logs
- Monthly online trainings
- Monthly visits from a RN and Case Manager
- Bi-annual fire drills with the member

### COMPENSATION:

Caregivers receive a monthly, tax-free stipend for the care they provide. Upon entry to the program, alternate caregivers should be identified for respite. The same qualifications apply to the alternate caregiver, who can receive compensation for up to 14 days per calendar year.

