



MORE THAN BRICKS

a foundation for the future

DAY HABILITATION RENOVATION 2018-19

Since 1999, our Day Habilitation Program has provided therapeutic, community-based services for adults with developmental and intellectual disabilities. We offer an array of comprehensive clinical services, nursing support, and developmental skills training at our facility in North Weymouth.



Imagine the possibilities!

Can you imagine our program participants utilizing this space?
Can you see them improving their health, safety, and independence in our
new, state-of-the-art Day Habilitation facility?

As we undertake a \$750,000 renovation, we are imagining our future by
creating a space that will be used for expanded activities, programs,
and therapy services by hundreds of individuals every year.

Join us as we imagine the possibilities for the future of our community.

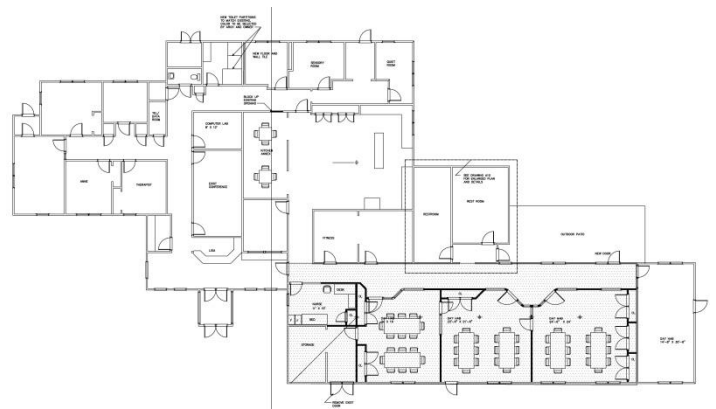
-Daryl Ann Cook-Ivan, Executive Director

Please help us raise the funds to raise The Arc.

With your support we can make vital structural, mechanical, and safety repairs to our 80 year old building. These improvements will increase the safety, quality, and functionality of our space, allowing hundreds of individuals to access services each year.

This new, modern, and multi-purpose facility will expand program space by 3,000 sq. ft. and include:

- ✓ Computer lab
- ✓ Sensory room
- ✓ Fitness room
- ✓ Modernized kitchen and lunch rooms
- ✓ Senior room
- ✓ Oversized classrooms for activities of daily living, development skills training, and therapies
- ✓ Multi-purpose areas that can be used collaboratively by the entire Arc Community



Every day, participants like Emily and Steve will benefit from this new, updated space.



Emily loves spending time with her family and watching the Red Sox. She has severe Multiple Sclerosis and needs daily care. The therapy and other services at our Day Habilitation center help to alleviate her MS symptoms, including constant fatigue, difficulty with balance, and problems with speech.

Steve struggles with the challenges of daily living. He has limited communication skills and is easily over-stimulated in social situations. He is also a talented artist. At Day Habilitation, he participates in creative arts, is learning to regulate his emotions, and receives physical and occupational therapy.



Give today. Change tomorrow.

Giving opportunities range from \$100 - \$100,000+

Together, we will improve our Day Habilitation facility by updating the heating and electrical infrastructure, replacing old and deteriorating fixtures, and increasing the size and functionality of the available space. We will also install a new sprinkler system, add exterior ramps, widen the hallways, and create a safe, comfortable, and aesthetically pleasing space in order to provide the highest-quality services for our participants.

PARTNERSHIP OPPORTUNITIES:

Friend	\$100
Supporter	\$500
Partner	\$1,000
Advocate	\$2,500
Investor	\$5,000
Builder	\$10,000
Foreman	\$25,000
Architect	\$50,000
Engineer	\$100,000

Your gift will not only make dreams come true for individuals with disabilities, but it will also support our mission of empowering families and individuals to reach their fullest potential.

For more information about the power of your gift, please contact
Brenda Linden at 781-335-3023 x2222 or
BLinden@ArcSouthShore.org.

DAY HABILITATION:

- ✓ 65% of individuals face severe challenges to daily living
- ✓ 100% have a developmental disability
- ✓ 100% participate in interactive learning experiences:
 - Life, motor & social skills
 - Fitness, exercise & music
 - Healthy living & cooking classes
 - Positive behavioral supports
- ✓ 50% have a physical disability
- ✓ 60% are over age 40
- ✓ 100% are from the South Shore
- ✓ Services improve:
 - Level of independence
 - Functional ability & self-determination skills
 - Communication & relationships
 - Behavioral skills & community integration

PROVEN IMPACT:

- ✓ 93% of individuals are 'highly satisfied' or 'satisfied' with the program
- ✓ 98% of individuals have their monthly vitals taken
- ✓ 80% of individuals participate in a fitness program

The Arc's history dates back to the early 1950s when a group of courageous parents set forth to create a school for children with disabilities. Then, in 1977, The Arc was deeded a piece of property at Webb State Park in Weymouth. The space gave the agency a permanent home and the opportunity to expand our programs. By the end of the 1980s, we became a multi-service agency. Since then, we have strategically grown our services and developed opportunities that foster independence, community inclusion, and advocacy.

Together, we can ensure that 2019 will be a year of continued success for the individuals we serve.



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