



Our programming supports and empowers individuals throughout their lifespan and includes:

- Adult Foster Care
- Autism Resource Center
- Community-Based Day Services
- Day Habilitation
- First Early Intervention
- Personal Care Management
- Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.



Since 1951, The Arc of the South Shore has helped over 100,000 individuals with intellectual and developmental disabilities, including autism, live their best lives and achieve high-quality outcomes. We are a family oriented, community-based non-profit located in Hingham, MA that offers information, referrals, and a range of community programs.

Our mission is to empower families and individuals of all ages with disabilities to reach their fullest potential. We achieve this by providing high-quality individualized services and opportunities that foster independence, community inclusion, and advocacy.



The Arc South Shore

PERSONAL CARE MANAGEMENT

Lauren Blye

Personal Care Management Services Director

781-335-3023 x2230

LBlye@ArcSouthShore.org

20 Pond Park Road, Suite 113
Hingham, MA 02043



Visit: ArcSouthShore.org
Email: Info@ArcSouthShore.org
Call: 781-335-3023



The Arc of the South Shore is the Heart of the South Shore



PERSONAL CARE MANAGEMENT

Personal Care Management (PCM) enables individuals with a permanent or chronic disability to live in their own residence or community with needed support by a Personal Care Attendant.

ELIGIBILITY:

Individuals are eligible if they receive MassHealth, either Standard or CommonHealth, and need physical assistance in two areas of activities of daily living (ADLs).

ADLs include:

- Mobility
- Bathing/grooming
- Dressing/undressing
- Feeding
- Toileting



SERVICES:

The goal of the PCM program is to delay or prevent out of home placements for individuals who cannot safely live on their own. The program is consumer-directed, meaning that the individual with the disability is the employer. This is different from more traditional home health care programs in which the agency provides the worker. As the employer, the individual chooses who to hire, sets up a schedule, and trains their PCA to meet his or her personal needs with the assistance of a surrogate if required. Please note, additional services may be requested once eligibility is determined.

REQUIREMENTS:

The individual, and a surrogate if required, participates in an initial assessment meeting, which determines their functional capabilities and need for assistance. Following the initial assessment, an evaluation will be conducted by a registered nurse and occupational therapist in the applicant's home. The application and evaluation must be signed by the applicant's primary care physician and submitted to MassHealth for approval. If approved, individuals are assigned a Skills Trainer for support and information throughout their time in the program.

COMPENSATION:

Personal Care Attendants are paid by MassHealth through Tempus Unlimited according to a preset pay rate.

OUR TEAM:

Staff in the PCM program have decades of experience providing care to individuals with disabilities. They are an experienced, knowledgeable team who are dedicated to supporting those we serve.

