Please check ALL names, title, numbers CAREFULLY before calling/emailing us with changes or approval.

Date 02/21/2023 | Rnd #6

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QUANTITY: 350
Since 1951, The Arc of the South Shore has helped over 100,000 individuals with intellectual and developmental disabilities, including Autism, live their best lives and achieve high-quality outcomes. We are a family oriented, community-based non-profit based in Hingham, MA and offer information, referrals, and a range of community programs.

Our mission is to empower families and individuals of all ages with disabilities to reach their fullest potential. We achieve this by providing high-quality individualized services and opportunities that foster independence, community inclusion, and advocacy.

Our programming supports and empowers individuals throughout their lifespan and includes:

- Adult Foster Care
- Autism Resource Center
- Day Habilitation
- First Early Intervention
- Pathways to Possibilities
- Personal Care Management
- Residential Supports Services

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.

Visit: ArcSouthShore.org
Email: Info@ArcSouthShore.org
Call: 781-335-3023

The Arc of the South Shore is the Heart of the South Shore

Anne Holton
Director of Day Services
781-335-3023, ext. 2219
AHolton@ArcSouthShore.org
371 River Street
North Weymouth, MA 02191
**Eligibility:**

Individuals must be 22 years old with a diagnosis of an intellectual and/or developmental disability and receive MassHealth, either Standard or CommonHealth. Individuals must also be in need of developmental skills training and clinical oversight.

**Location:**

The Day Habilitation program is in a beautiful setting by the ocean and Webb State Park in North Weymouth. This newly renovated space is used for expanded activities, programs, and therapy services. Our multi-purpose facility includes a computer lab, sensory room, fitness room, modernized kitchen and lunchrooms, therapy and rehab room, oversized classrooms for activities of daily living and skills training, and multi-purpose areas that can be used collaboratively by the entire Arc community.

**Services:**

We offer occupational, physical, and speech therapy along with nursing and behavioral supports. Adaptive equipment for mobility, communication, and daily living is utilized to maximize individuals’ participation in the program. We also offer skills-development activities to promote personal enrichment and growth through a wide range of interactive learning experiences. Services include:

- Activities of daily living
- Community integration
- Computer skills development
- Cooking skills
- Cultural awareness & education
- Fine & gross motor skills
- Fitness & exercise
- Gardening activities
- Grocery shopping
- Healthy living
- Human rights education
- Life skills instruction
- Music and movement
- Positive behavioral supports
- Safety skills
- Sensory integration
- Social skills groups
- Yoga instruction