Since 1951, The Arc of the South Shore has helped nearly 100,000 individuals with intellectual and developmental disabilities, including Autism, live their best lives and achieve high-quality outcomes.

Our Service Area

Our mission is to empower families and individuals of all ages with disabilities to reach their fullest potential.

Locations

Main Office: 20 Pond Park Road, Hingham. Includes Administration, Autism Resource Center, Personal Care Services, Adult Foster Care, and Residential Supports

First Early Intervention: 574 Main Street, South Weymouth

Pathways to Possibilities & Employment Supports: 365 River Street, North Weymouth

Day Habilitation: 371 River Street, North Weymouth

Residential Group Homes: Braintree (5), Hingham (1), Milton (1), Rockland (1), Scituate (1), Weymouth (2)

At A Glance

- 4,000 people served annually
- 50% have Autism
- 18% under age 4
- 98% family satisfaction rate
- 15% over age 60
- 3-year CARF accreditation
- 20% with mobility issues
- 122% increase in grants & donations in 1 year

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Autism Resource Center: Provides skills development, enrichment programs, and support groups for children and young adults with Autism and their families. Services include SENSational Story Time with a Yoga Twist, the Exploring Disney Animation Club, Family and Sibling Support Groups, and more. Programming improves children’s development, communication, and social skills.

Day Habilitation and Pathways to Possibilities: Improves the quality of life, functioning, and independence for adults. Services include skill development in the areas of communication, employment readiness, self-care, socialization, relationship building, healthy living, self-advocacy, and community involvement. Programming includes the new Health Matters Initiative that improves the physical, mental, and emotional health of participants through weekly fitness classes, memberships to the local YMCA, nutritional support, targeted therapies such as art and music, and more.

Residential Supports: Offers a range of housing options including apartments, condos, single family homes, and 11 residential group homes for adults. We provide support around activities of daily living, health and money management, advocacy, and community involvement. In 2021 we completed a massive renovation at one of our homes in Braintree, replacing the kitchen and bathrooms and updating all of the mechanical systems. We are in the process of renovating additional homes and adding smart home technology to allow residents to take ownership of everyday tasks with the support of voice- or computer-activated devices, cameras, sensors, and more.

First Early Intervention: Provides evaluations, education, referrals, supports, and therapeutic care for children from birth to age three who have developmental concerns. We work in collaboration with community resources such as center-based day cares, family day cares, family network services, schools services, Head Start, and private therapy. In 2020, we installed new rubber flooring at our center in Weymouth that improved the functionality, safety, and cleanliness of the space.

Personal Care Management and Adult Foster Care: Allows individuals with a permanent or chronic disability to live at home. Personal Care Attendants support activities of daily living including bathing, shopping, housekeeping, and meal preparation. For those who need more intensive support, Adult Foster Care allows individuals to live with their caregiver who provides meals and snacks, assistance with personal care, medication reminders and assistance, behavioral interventions as needed, shopping, laundry, housekeeping, and transportation to medical appointments and social visits.

The Arc ensures that people with disabilities live healthy, safe, independent, and empowered lives.