










Our programming supports and empowers individuals throughout their lifespan and includes:

-  Adult Foster Care
-  Autism Resource Center
-  Community-Based Day Services
-  Day Habilitation
-  First Early Intervention
-  Personal Care Management
-  Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.

Since 1951, The Arc of the South Shore has helped over 100,000 individuals with intellectual and developmental disabilities, including autism, live their best lives and achieve high-quality outcomes. We are a family oriented, community-based non-profit located in Hingham, MA that offers information, referrals, and a range of community programs.

Our mission is to empower families and individuals of all ages with disabilities to reach their fullest potential. We achieve this by providing high-quality individualized services and opportunities that foster independence, community inclusion, and advocacy.



COMMUNITY-BASED DAY SERVICES

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The Arc of the South Shore is the Heart of the South Shore



COMMUNITY-BASED DAY SERVICES

Community-Based Day Services (CBDS) enables individuals to enrich their lives and enjoy a full range of community activities by providing opportunities for developing, enhancing, and maintaining competence in personal, social, and community activities. It assists individuals in exploring and engaging in meaningful activities based on their interests and needs.

ELIGIBILITY:

Individuals must be 22 years old with a diagnosis of an intellectual and/or developmental disability, including autism, and looking for active community supports and skills development. The program is funded by the Department of Developmental Services, and we work closely with the Department and families/guardians to determine the best person-centered plan for each participant in the program.

SERVICES:

- Assessment of interests & preferences
- Career exploration & training
- Community integration & exploration
- Computer lab & training
- Culinary arts training
- Development of relationships
- Gardening
- Health, wellness & fitness programs
- Job placement & on-going supports
- Leisure & recreational activities
- Music & art therapy
- Person-centered planning
- Self-advocacy training & participation
- Socialization experiences & support
- Skill development & training
- Pursuit of personal interests & hobbies
- Vocational skills instruction
- Volunteer job opportunities

EMPLOYMENT:

The program serves as a pathway to employment, and staff engage participants in person-centered career planning that helps them to identify and achieve their goals. It uses job seekers' personal preferences, interests, desires, and needs to guide the career planning process. In order to ensure participants' success, our team gives them the tools to learn and hone their skills, in either an individualized competitive placement or in a group supported employment setting in the community. For those individuals who are of retirement age, the program offers a chance to spend time more leisurely, engaging in activities of interest to them and integrated into the community.

