COVID-19 Social Story

Hi My name is COVID-19 or CoronaVirus.

I am Virus, strong germs that are causing people to feel sick.

The Germs make people get Flu Symptoms: Fever, Sore Throat, Cough.

People who get these symptoms, are asked to stay at your house and rest the body.

Most people that get these symptoms feel better after sleep and rest for several days.
We can help our bodies stay healthy by washing our hands.

We can help our bodies stay healthy by doing prevention:

- Wash your hands with soap for 20 seconds
- Use an alcohol-based hand sanitizer
- Cover your cough or sneeze with a tissue
- Avoid touching your eyes, nose and mouth
- Avoid contact with sick people
- Disinfect frequently touched objects

We can also help our body be healthy by staying away from people that are sick and crowded places where there might be someone sick.
Staying away from people being sick is changing our schedules and routines right now.

Activities and parts of our schedules are being cancelled. Our routines are changing for a temporary time. Staff, Parents and Guardians will help you understand your schedule.

There are some people that need extra help from doctors and nurses at the hospital when COVID-19 is in their body. The people are older people and people who have sickness and illness before getting COVID-19 in their body.

Staying away from group activities, field trips, play areas, restaurants and outings is helping these people to get the care and support that they need.

Thank you
For being Helpful 😊
There is a lot of people talking about this Virus. It can be confusing.

It can cause you to feel nervous, uncomfortable, scared.

If you have questions, you can ask an Adult, Teacher, Staff, Parent, or Guardian.

These changes are not forever. Once people are feeling better, things will be back to routine.