










Our programming supports and empowers individuals throughout their lifespan and includes:

-  Adult Family Care
-  Autism Supports
-  Community-Based Day Services
-  Day Habilitation
-  First Early Intervention
-  Personal Care Management
-  Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.

Mission Statement

The Arc of the South Shore supports people of all ages and disabilities in living full, independent lives. We do this by offering personalized, person-centered services, promoting inclusion in the community and advocating for their right to live their best lives.

Vision Statement

The Arc of the South Shore is deeply rooted in our community. We envision a future where every person with a disability and their family has the support, inclusion, and opportunities they need to live full and meaningful lives. As we celebrate 75 years, we continue to offer and explore a wide range of services across all ages and disabilities. We will build on our leadership, experience, innovation and advocacy to keep improving and expanding our services.



AUTISM SUPPORTS



Visit: ArcSouthShore.org
Email: Info@ArcSouthShore.org
Call: 781-335-3023



The Arc of the South Shore is the Heart of the South Shore

Bridget Dunn
Autism Supports Director

781-335-3023 ext. 2228
BDunn@ArcSouthShore.org

574 Main Street,
Weymouth, MA 02190



AUTISM SUPPORTS

Established in 2016, our Autism Supports department provides resources, in-home services, and community programs for individuals with autism and their families. We focus on connection, opportunity, and inclusion. We support individuals across the lifespan, from newly diagnosed children to adults navigating independence as well as the caregivers who support them.

SERVICES & SUPPORTS:

Information, Referrals, and Resources

We offer personalized information and referrals to help families find the right services and support, both within The Arc of the South Shore and in their community.

COMMUNITY-BASED PROGRAMMING:

We provide weekend and school vacation programs, social and recreational opportunities, and caregiver support. Programs include:

- Caregiver Support: Support groups, educational workshops, coffees, and an annual retreat.
- Community Dances: Safe, welcoming social events (18+) that encourage fun and connection.

- Exploring Disney Animation: A monthly young adult group exploring films, themes, and creativity.
- Family Activities: Ice cream socials, Autism Acceptance Month events, and more.
- School Vacation Programs: Engaging activities during school breaks that promote social skills and provide caregiver respite.
- Sensory-Friendly Movies: Enjoy movies in a relaxed setting with lower volume and softer lighting.
- Sensational Story Time Yoga: Story-based yoga sessions at local libraries that build literacy and wellness.



Sensational Story Time Yoga
A Program of The Arc of the South Shore

DDS-FUNDED SERVICES:

We offer a range of services for individuals eligible for Department of Developmental Services (DDS) supports.

DESE/DDS PROGRAM:

Wraparound services that support students (ages 6–21) receiving special education to help them remain successful at home, school, and in their community and prevent a residential placement. Services include in-home therapists, skills trainers, family navigation support, and flexible funding for needed items and activities.

SUPPORT SERVICES:

Personalized supports that promote independence, safety, and goal achievement. These include:

- Family Support Navigation: Guidance and connection to community and state resources
- In-Home & Individualized Home Supports: Skill-building and independence support for adults living independently or with family
- Adult Companion: Social support and supervision to help adults stay engaged and safe at home and in the community
- Respite (Children & Adults): Short-term care provided at home or in the community

