










Our programming supports and empowers individuals throughout their lifespan and includes:

-  Adult Family Care
-  Autism Supports
-  Community-Based Day Services
-  Day Habilitation
-  First Early Intervention
-  Personal Care Management
-  Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.

**Mission Statement**

The Arc of the South Shore supports people of all ages and disabilities in living full, independent lives. We do this by offering personalized, person-centered services, promoting inclusion in the community and advocating for their right to live their best lives.

**Vision Statement**

The Arc of the South Shore is deeply rooted in our community. We envision a future where every person with a disability and their family has the support, inclusion, and opportunities they need to live full and meaningful lives. As we celebrate 75 years, we continue to offer and explore a wide range of services across all ages and disabilities. We will build on our leadership, experience, innovation and advocacy to keep improving and expanding our services.



**ADULT FAMILY CARE**



Visit: [ArcSouthShore.org](http://ArcSouthShore.org)  
Email: [Info@ArcSouthShore.org](mailto:Info@ArcSouthShore.org)  
Call: 781-335-3023



*The Arc of the South Shore is the Heart of the South Shore*

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## ADULT FAMILY CARE

The Adult Family Care (AFC) program helps individuals with medical, physical, or developmental disabilities receive the daily support they need while living at home. It is an alternative to nursing homes, assisted living placements, or residential care.

Caregivers assist with everyday activities such as dressing, bathing, preparing healthy meals, and managing medications, allowing individuals to remain comfortable and supported in familiar surroundings. Being part of a loving family and connected community helps individuals maintain their independence, dignity, and quality of life.

The Arc of the South Shore's AFC program partners with families and friends who open their homes and hearts to a loved one in need. Through personalized training, monthly visits from a Registered Nurse and Care Manager, ongoing guidance, and financial support, caregivers receive the services they need to provide high-quality care.

Adult Family Care, also known as Adult Foster Care, is funded by MassHealth and offers caregivers a **tax-free annual stipend ranging from \$10,950–\$20,805.**

### REQUIREMENTS:

AFC members live with their caregivers. Caregivers can be parents, siblings, or other family members or friends, ages 18 and older, who can provide 24/7 care in a qualified home setting. Caregivers cannot be the guardian or spouse of the AFC member.

### SERVICES & BENEFITS:

In addition to providing support with activities of daily living and management of behaviors, AFC offers assistance with resources, connections to community programs, and support so that members can live safe, happy, and fulfilled lives. Staff also make referrals to other services such as Adult Day Health, VNA, and hospice services as needed.

The AFC program allows members receiving care to maintain maximum independence while living in a supportive family setting within the community. Caregivers receive an orientation and ongoing training that is tailored to the needs of the member in their care. Our team of RNs and Care Managers provide ongoing education, advocacy, healthcare oversight, and monthly home visits.

### ELIGIBILITY:

In order to be eligible for AFC, you must be at least 16 years old, have MassHealth Standard or CommonHealth insurance, and services must be ordered by a primary care physician.

Individuals must require supervision, cueing, or physical assistance throughout entire tasks, including at least one activity of daily living (e.g., eating, toileting, dressing, bathing, transferring, or ambulation).

