










Our programming supports and empowers individuals throughout their lifespan and includes:

-  Adult Family Care
-  Autism Supports
-  Community-Based Day Services
-  Day Habilitation
-  First Early Intervention
-  Personal Care Management
-  Residential Supports

We ensure that people with disabilities live healthy, safe, independent, and empowered lives.

Mission Statement

The Arc of the South Shore supports people of all ages and disabilities in living full, independent lives. We do this by offering personalized, person-centered services, promoting inclusion in the community and advocating for their right to live their best lives.

Vision Statement

The Arc of the South Shore is deeply rooted in our community. We envision a future where every person with a disability and their family has the support, inclusion, and opportunities they need to live full and meaningful lives. As we celebrate 75 years, we continue to offer and explore a wide range of services across all ages and disabilities. We will build on our leadership, experience, innovation and advocacy to keep improving and expanding our services.



COMMUNITY-BASED DAY SERVICES

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The Arc of the South Shore is the Heart of the South Shore



COMMUNITY-BASED DAY SERVICES

Community-Based Day Services (CBDS) enables individuals to enrich their lives and enjoy a full range of community activities by providing opportunities for developing, enhancing, and maintaining competence in personal, social, and community activities. It assists individuals in exploring and engaging in meaningful activities based on their interests and needs.

ELIGIBILITY:

Individuals must be 22 years old with a diagnosis of an intellectual and/or developmental disability, including autism, and looking for active community supports and skills development. The program is funded by the Department of Developmental Services, and we work closely with the Department and families/guardians to determine the best person-centered plan for each participant in the program.



SERVICES:

- Assessment of interests & preferences
- Career exploration & training
- Community integration & exploration
- Computer lab & training
- Culinary arts training
- Development of relationships
- Gardening
- Health, wellness & fitness programs
- Job placement & on-going supports
- Leisure & recreational activities
- Music & art therapy
- Person-centered planning
- Self-advocacy training & participation
- Socialization experiences & support
- Skill development & training
- Pursuit of personal interests & hobbies
- Vocational skills instruction
- Volunteer job opportunities

EMPLOYMENT:

The program serves as a pathway to employment, and staff engage participants in person-centered career planning that helps them to identify and achieve their goals. It uses job seekers' personal preferences, interests, desires, and needs to guide the career planning process. In order to ensure participants' success, our team gives them the tools to learn and hone their skills, in either an individualized competitive placement or in a group supported employment setting in the community. For those individuals who are of retirement age, the program offers a chance to spend time more leisurely, engaging in activities of interest to them and integrated into the community.

